

Competition rules:

1. During the competition, the rules for master swimming of the Royal Dutch Swimming Federation (KNZB) apply. The KNZB is affiliated with the Fédération Internationale de Natation Amateur (FINA).
2. Each participant must have a starting license from a swimming association affiliated to the FINA. Swimmers without a license must apply for a (day-) starting permit via their own association.
3. Swimmers can participate in the competition who are 18 years or older on December 31st 2019. The age categories are determined by the age on December 31st 2019. The age categories for individual events are categorized in groups of five years, with the exception of the youngest category (18-24): 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69 etc.
4. The age categories for the relays are: 99 and below, 100-119, 120-159, 160-199, 200-239, etc.
5. Relay teams with swimmers younger than 20 years of age are taken into the ranking "outside competition" (BM)
6. Each swimmer can register for a maximum of 4 individual events.
7. A relay team (4x50m breast stroke, 4x50m medley, 4x50 m freestyle) must consist of four members of the same club. A mixed relay team must consist of two men and two women. A swimmer can participate per relay (4x50m breast stroke, 4x50m medley, 4x50 m freestyle) in only one relay team. Registrations for the relay via the team captains. They will receive information about this on Saturday May 11th 2019.
8. The series are divided from slow to fast, regardless of age and gender. Swimmers who registered without a time are put in the slowest series(s) without time (NT).
9. A 'one-start' procedure will be applied in accordance with regulations. A false start therefore leads directly to disqualification. An 'over-head' start is applied.
10. Clubpoints: there are three different club classifications
 1. Diversity classification
the club with swimmers in most categories wins.
 2. Classification for most new swimmers
the club that encouraged the most new swimmers to participate, wins.
 3. Classification for the fastest club
the club with the most swimming points gathered, wins.You can win swimming points for your club to determine the fastest club as follows:
every winner in the age group per swimming part^{*)} earns 6 points for the club
every number 2 in the age group per swimming part^{*)} earns 4 points for the club
every number 3 in the age group per swimming part^{*)} earns 3 points for the club
every number 4 in the age group per swimming part^{*)} earns 2 points for the club
every number 5 in the age group per swimming part^{*)} earns 1 point for the club
^{*)} including relay
If there is a shared winner in a ranking, the club wins with the most members.
If this is the same, the club wins with the youngest club member. If this is the same, the club wins with the oldest club member.
11. Time keeping is done electronically.
12. The competition is being held in a 25 meter pool
13. The registration for individual events ends on Friday May 10th 2019; the registration for the relays on Friday May 17th 2019. Up to one hour before the start of a race, changes can be made to the composition of the relay teams
14. Cancellations will be included in the program leaflet until Saturday May 18th 2019. Cancellations thereafter are possible until Saturday 25 May 2019 (at the beginning of the jury meeting) and will be reported on the PV as deregistered (AFGEM); the starting fee is applicable in such cases. Cancellations should always be reported to ongz@gaswimamsterdam.nl. This gives the organization more time to process cancellations administratively and therefore letting things run more smoothly on the tournament day.
15. In case the number of registrations is too high, the 400m event will be shortened to at least five series (40 participants). Rejected participants will be informed about this and may choose a different event. Participation is determined on the basis of the date of registration and payment.

16. The organization reserves the right to close the registration earlier if the number of registrations no longer appears to fit within the race duration.
17. The admission fee must be transferred by bank transfer before May 12th 2019 to (IBAN number) NL70INGB0007498703 in name of "Gay Swim Amsterdam" stating your name and "ONGZ 2019". For international payments: NL70INGB0007498703, BIC: INGBNL2A. Refund of registration costs is only possible if you have made your cancellation before May 10th 2019.
18. We ask Dutch and Belgian associations to send us the registration of their members by means of an lxf-file. Gay Swim Amsterdam sends the team captains therefore an overview of the registrations.
19. The organization is not liable for damage or theft of any goods during the competition.
20. For safety reasons it is forbidden to use the starting blocks during the warm-up, with the exception of the sprint lane. If there is back stroke start support, it will be available in the sprint lane to practice back stroke starts. It is not allowed to swim back in the sprint lane.
21. The starting list can be found as a PDF on the site in the week preceding the competition.
22. In all cases where the KNZB regulations or the regulations given here do not provide clarification, the final responsibility lies with the organization.
23. Objections related to swimming technical matters concerning these regulations, disqualifications, rules and officials must be submitted in writing to the head referee. Objections about facilities, organization matters, swimming program, time planning (including swim events), safety plans, volunteers, hiring of the pool, tribune issues, complaints, etc. must be made known to the organization in writing